



**Food & Nutrition Services Department**  
**ANNUAL MODIFIED MEAL REQUEST FORM**

**TO BE COMPLETED BY PARENT OR GUARDIAN**

Name of Student (Last, First): \_\_\_\_\_  
School: \_\_\_\_\_ Grade: \_\_\_\_\_ Parent/Guardian Phone: \_\_\_\_\_  
Parent/Guardian Name: \_\_\_\_\_ Email: \_\_\_\_\_  
My child will require a menu modification at the following: ☐ Breakfast ☐ Lunch  
**I understand it is my responsibility to renew this form before each school year and any time my child's medical or health needs change.**

\_\_\_\_\_  
Parent/Guardian Name PRINTED Parent/Guardian SIGNATURE Date

**TO BE COMPLETED BY MEDICAL AUTHORITY**

The Dietary Needs below are related to (ex: Celiac Disease, Lactose Intolerance)

**Food To BE OMITTED from diet\* (check appropriate boxes below)**

- ☐ **Milk** – Fluid milk, cheese, yogurt, and other dairy ingredients such as casein and whey.
- ☐ **Fluid Milk** – Milk to drink
- ☐ **Peanuts** – Peanuts, Peanut Butter, Peanut oil.
- ☐ **Tree Nuts** – Almonds, hazelnuts, and cashews.
- ☐ **Wheat** – Wheat-based grains such as buns, crackers, pasta, and wheat as an ingredient.
- ☐ **Gluten** – Wheat, rye, barley, and non-certified oats.
- ☐ **Fish** – Fin-fish such as cod and tilapia
- ☐ **Shellfish** – Shrimp and crab
- ☐ **Sesame**- Seed or Oil
- ☐ **Egg** – Visible egg in a dish such as an omelet
- ☐ **Egg Ingredients** – Visible egg in a dish and egg as an ingredient
- ☐ **Soybean** – Food items such as Textured Soy Protein (TSP), Textured Vegetable Protein (TVP), tofu, and whole soybeans (edamame).
- ☐ **Soybean Ingredients** – TSP, TVP, soy protein concentrate, soy protein isolate, soy sauce, soy flour, unrefined soy bean oil, and tofu.
- ☐ **Other** - \_\_\_\_\_

*\*Examples of individual food allergens provided are not all-inclusive, other foods may apply.*

**Food Allergen Management Plan**

What are the student's possible reactions to the indicated allergen(s) or conditions?

**REQUIRED** List all acceptable safe food substitutes (the modified request cannot be accommodated until this portion is completed):

Additional Comments: \_\_\_\_\_

**FNS NOTES**